



Senior Men 100m heat 1

1	816	Calum Westbrook	Giffnock North AAC	11.1		
2	805	Callum Garvey	Kirkby Milers AC	11.7		
3	831	Brandon Zinyemba	Blackburn Harriers	11.9		
4	488	David Smith	Northern Masters AC	12.1		
5	311	Joseph Clarke	Lancaster & Morecambe	12.1		

Senior Men 100m heat 2

1	209	Marcus Kirk	Carlisle Aspatria AC	11.3		
2	202	Matthew Wheatley	Bury AC	11.6		
3	115	Philip Ellershaw	Blackpool Wyre & Fylde	12.5		
4	504	Harvey Van Geffen	Pendle AC	12.9		
5	898	Chris Burgess	Southport Waterloo	13.0		

Senior Men 100m heat 3

1	491	B John Wright	Northern Masters AC	13.0		
2	812	Benjamin Whittaker	Preston Harriers	13.1		
3	125	Jonathan Rutter	Blackpool Wyre & Fylde	13.2		
4	174	Michael Hunter	Bury AC	13.6		
5	499	Leeroy Golding	Pendle AC	13.9		

Senior Men 100m heat 4

1	531	Sujit Dallakoti	Preston Harriers	13.1		
2	260	Muhammad-Sufian Riaz-A	Hyndburn AC	13.2		
3	804	Thuba Thuba	Chorley AC & Tri	13.3		
4	819	Lachlan Cullen	Lancaster University Runn	14.4		
5	830	Paul Jeffries	Preston Harriers	15.0		

Senior Men 100m overall

1	816	Calum Westbrook (NC)	Giffnock North AAC	11.1		
2	209	Marcus Kirk	Carlisle Aspatria AC	11.3		
3	202	Matthew Wheatley	Bury AC	11.6		
4	805	Callum Garvey	Kirkby Milers AC	11.7		
5	831	Brandon Zinyemba	Blackburn Harriers	11.9		
6	311	Joseph Clarke	Lancaster & Morecambe	12.1		
7	488	David Smith	Northern Masters AC	12.1		
8	115	Philip Ellershaw	Blackpool Wyre & Fylde	12.5		
9	504	Harvey Van Geffen	Pendle AC	12.9		
10	898	Chris Burgess	Southport Waterloo	13.0		
11	491	B John Wright	Northern Masters AC	13.0		
12	812	Benjamin Whittaker	Preston Harriers	13.1		
13	531	Sujit Dallakoti	Preston Harriers	13.1		
14	125	Jonathan Rutter	Blackpool Wyre & Fylde	13.2		
15	260	Muhammad-Sufian Riaz-A	Hyndburn AC	13.2		
16	804	Thuba Thuba	Chorley AC & Tri	13.3		
17	174	Michael Hunter	Bury AC	13.6		
18	499	Leeroy Golding	Pendle AC	13.9		
19	819	Lachlan Cullen (NC)	Lancaster University Runn	14.4		
20	830	Paul Jeffries	Preston Harriers	15.0		

Senior Men 200m heat 1

1	209	Marcus Kirk	Carlisle Aspatria AC	22.4		
2	816	Calum Westbrook	Giffnock North AAC	22.7		
3	202	Matthew Wheatley	Bury AC	23.8		
4	8	Edward Falkingham	Barrow & Furness	24.5		
5	311	Joseph Clarke	Lancaster & Morecambe	24.7		

Senior Men 200m heat 2

1	825	Elvin Eduardo	Liverpool Harriers & AC	24.2		
2	21	Luke Turner	Barrow & Furness	26.2		
3	504	Harvey Van Geffen	Pendle AC	26.3		
4	804	Thuba Thuba	Chorley AC & Tri	26.4		
5	819	Lachlan Cullen	Lancaster University Runn	29.4		

Senior Men 200m heat 3

1	479	Richard Franklin	Northern Masters AC	26.0		
2	37	Marcin Baranowski	Blackburn Harriers	26.7		
3	174	Michael Hunter	Bury AC	28.1		
4	137	Steve Goodwill	Burnley AC	29.5		
5	683	Ian McPhail	Wigan & District	30.1		
6	830	Paul Jeffries	Preston Harriers	30.8		

Senior Men 200m overall

1	209	Marcus Kirk	Carlisle Aspatria AC	22.4		
2	816	Calum Westbrook (NC)	Giffnock North AAC	22.7		
3	202	Matthew Wheatley	Bury AC	23.8		
4	825	Elvin Eduardo (NC)	Liverpool Harriers & AC	24.2		
5	8	Edward Falkingham	Barrow & Furness	24.5		
6	311	Joseph Clarke	Lancaster & Morecambe	24.7		
7	479	Richard Franklin	Northern Masters AC	26.0		
8	21	Luke Turner	Barrow & Furness	26.2		
9	504	Harvey Van Geffen	Pendle AC	26.3		
10	804	Thuba Thuba	Chorley AC & Tri	26.4		
11	37	Marcin Baranowski	Blackburn Harriers	26.7		
12	174	Michael Hunter	Bury AC	28.1		
13	819	Lachlan Cullen (NC)	Lancaster University Runn	29.4		
14	137	Steve Goodwill	Burnley AC	29.5		
15	683	Ian McPhail	Wigan & District	30.1		
16	830	Paul Jeffries	Preston Harriers	30.8		

Senior Men 400m heat 1

1	282	Alfie Todd	Kendal AAC	50.7		
2	491	B John Wright	Northern Masters AC	59.7		
3	125	Jonathan Rutter	Blackpool Wyre & Fylde	61.0		
4	499	Leeroy Golding	Pendle AC	62.4		
5	898	Chris Burgess	Southport Waterloo	63.6		
6	296	Nicholas McCole	Kirkby Milers AC	92.8		

Senior Men 400m heat 2

1	531	Sujit Dallakoti	Preston Harriers	59.7		
2	260	Muhammad-Sufian Riaz-A	Hyndburn AC	62.6		
3	830	Paul Jeffries	Preston Harriers	68.5		
4	489	Graham Webster	Northern Masters AC	76.6		
5	278	Stuart McGurk	Kendal AAC	79.4		
6	474	Paul Christie	Northern Masters AC	82.8		



Senior Men 400m overall

1	282	Alfie Todd	Kendal AAC	50.7		
2	491	B John Wright	Northern Masters AC	59.7		
3	531	Sujit Dallakoti	Preston Harriers	59.7		
4	125	Jonathan Rutter	Blackpool Wyre & Fylde	61.0		
5	499	Leeroy Golding	Pendle AC	62.4		
6	260	Muhammad-Sufian Riaz-A	Hyndburn AC	62.6		
7	898	Chris Burgess	Southport Waterloo	63.6		
8	830	Paul Jeffries	Preston Harriers	68.5		
9	489	Graham Webster	Northern Masters AC	76.6		
10	278	Stuart McGurk	Kendal AAC	79.4		
11	474	Paul Christie	Northern Masters AC	82.8		
12	296	Nicholas McCole	Kirkby Milers AC	92.8		

Senior Men 800m

1	8	Edward Falkingham	Barrow & Furness	1:57.7		
2	283	Joshua Todd	Kendal AAC	2:01.2		
3	313	Luke Davis	Lancaster & Morecambe	2:10.9		
4	629	Marc Singer	Southport Waterloo	2:11.8		
5	438	Matt Thompson	Liverpool P & S	2:32.4		
6	477	Steve Doxey	Northern Masters AC	2:50.0		
7	474	Paul Christie	Northern Masters AC	2:54.2		
8	278	Stuart McGurk	Kendal AAC	2:58.9		
9	486	David Priestley	Northern Masters AC	2:59.2		
10	489	Graham Webster	Northern Masters AC	2:59.7		
11	296	Nicholas McCole	Kirkby Milers AC	3:22.5		

Senior Men 1500m

1	822	Joshua McKenny	Lancaster University Runn	4:12.7		
2	817	George Beevers	Lancaster University Runn	4:22.0		
3	288	Luke Culshaw	Kirkby Milers AC	4:25.7		
4	21	Luke Turner	Barrow & Furness	4:27.5		
5	37	Marcin Baranowski	Blackburn Harriers	4:34.9		
6	80	Logan McCredie	Blackburn Harriers	4:40.9		
7	460	Ross McKelvie	Lytham St Annes	4:44.8		
8	470	James Whittle	Lytham St Annes	4:44.9		
9	477	Steve Doxey	Northern Masters AC	5:38.2		

Senior Men 3000m

1	818	George Booth	Lancaster University Runn	8:51.3		
2	820	Charlie Daley	Lancaster University Runn	8:59.9		
3	327	Lee Parrington	Lancaster & Morecambe	9:50.6		
4	821	Morgan Harley	Lancaster University Runn	9:55.5		
5	460	Ross McKelvie	Lytham St Annes	10:03.3		
6	483	Russell Maddams	Northern Masters AC	10:09.9		
7	470	James Whittle	Lytham St Annes	10:19.9		
8	163	Matthew Finch	Bury AC	10:20.3		
9	119	Daniel Higgins	Blackpool Wyre & Fylde	13:13.9		
10	489	Graham Webster	Northern Masters AC	13:38.5		

Senior Men Long Jump

1	825	Elvin Eduardo	Liverpool Harriers & AC	5.76		
2	125	Jonathan Rutter	Blackpool Wyre & Fylde	5.08		
3	504	Harvey Van Geffen	Pendle AC	4.58		

Senior Men Shot

1	814	Jordan Lewis	Wigan & District	10.77		
2	683	Ian McPhail	Wigan & District	9.04		
3	370	Mark Crompton	Liverpool P & S	6.34		
4	251	Mark Lord	Hyndburn AC	6.22		
5	258	Nick Rawcliffe	Hyndburn AC	5.37		

Senior Men Discus

1	499	Leeroy Golding	Pendle AC	27.33		
2	257	Russell Race	Hyndburn AC	27.26		
3	814	Jordan Lewis	Wigan & District	23.91		
4	370	Mark Crompton	Liverpool P & S	23.58		
5	137	Steve Goodwill	Burnley AC	20.37		
6	663	Philip Hayton	Wigan & District	17.65		
7	258	Nick Rawcliffe	Hyndburn AC	15.84		

Senior Men Javelin

1	812	Benjamin Whittaker	Preston Harriers	28.38		
2	370	Mark Crompton	Liverpool P & S	24.90		
3	683	Ian McPhail	Wigan & District	23.91		
4	825	Elvin Eduardo	Liverpool Harriers & AC	21.34		
5	667	Karl Hopper	Wigan & District	19.66		
6	830	Paul Jeffries	Preston Harriers	19.07		
7	258	Nick Rawcliffe	Hyndburn AC	18.58		
8	251	Mark Lord	Hyndburn AC	12.96		

Senior Men Hammer

1	257	Russell Race	Hyndburn AC	29.73		
2	370	Mark Crompton	Liverpool P & S	18.70		
3	814	Jordan Lewis	Wigan & District	18.65		
4	663	Philip Hayton	Wigan & District	14.90		
5	251	Mark Lord	Hyndburn AC	13.04		

Under 20 Men Discus

1	366	Charlie Climpson	Liverpool P & S	32.40		
2	563	David Laryea	Preston Harriers	29.98		

Under 17 Men 100m heat 1

1	208	Fergus Horner	Carlisle Aspatria AC	12.4		
2	75	Harvey Kinder	Blackburn Harriers	12.4		
3	899	Joshua Roberts	Wigan & District	12.5		
4	498	Thomas Finnan	Pendle AC	12.6		
5	259	Rhys Rawcliffe	Hyndburn AC	14.5		

Under 17 Men 100m heat 2

1	205	Daniel Cattermole	Carlisle Aspatria AC	11.5		
2	252	Archie Lorimer	Hyndburn AC	12.3		
3	143	Tomoya Newiss	Burnley AC	12.4		
4	45	Isaac Brindle	Blackburn Harriers	12.5		
5	102	Jack Thompson	Blackburn Harriers	13.0		

Under 17 Men 100m heat 3

1	133	Samuel Damawa	Burnley AC	11.4		
2	801	Joshua Noland	Blackpool Wyre & Fylde	12.1		
3	304	Matthew Batstone	Lancaster & Morecambe	12.3		
4	527	Marcel Clapka	Preston Harriers	12.8		
5	220	Louis Crake	Chorley AC & Tri	13.4		
6	276	William Ladell	Kendal AAC	31.4		



Under 17 Men 100m overall

1	133	Samuel Damawa	Burnley AC	11.4		
2	205	Daniel Cattermole	Carlisle Aspatria AC	11.5		
3	801	Joshua Noland	Blackpool Wyre & Fylde	12.1		
4	252	Archie Lorimer	Hyndburn AC	12.3		
5	304	Matthew Batstone	Lancaster & Morecambe	12.3		
6	75	Harvey Kinder	Blackburn Harriers	12.4		
7	208	Fergus Horner	Carlisle Aspatria AC	12.4		
8	143	Tomoya Newiss	Burnley AC	12.4		
9	899	Joshua Roberts	Wigan & District	12.5		
10	45	Isaac Brindle	Blackburn Harriers	12.5		
11	498	Thomas Finnan	Pendle AC	12.6		
12	527	Marcel Clapka	Preston Harriers	12.8		
13	102	Jack Thompson	Blackburn Harriers	13.0		
14	220	Louis Crake	Chorley AC & Tri	13.4		
15	259	Rhys Rawcliffe	Hyndburn AC	14.5		
16	276	William Ladell	Kendal AAC	31.4		

Under 17 Men 200m heat 1

1	332	Archie Spicer	Lancaster & Morecambe	24.1		
2	532	Owen Dalton	Preston Harriers	24.2		
3	682	Henry McLeod	Wigan & District	25.8		
4	102	Jack Thompson	Blackburn Harriers	26.6		
5	632	Charlie Stewart	Southport Waterloo	28.7		

Under 17 Men 200m heat 2

1	205	Daniel Cattermole	Carlisle Aspatria AC	23.4		
2	133	Samuel Damawa	Burnley AC	24.4		
3	41	Daniel Bretherton	Blackburn Harriers	24.8		
4	220	Louis Crake	Chorley AC & Tri	27.7		

Under 17 Men 200m heat 3

1	143	Tomoya Newiss	Burnley AC	25.1		
2	207	Benjamin Holmes	Carlisle Aspatria AC	25.3		
3	498	Thomas Finnan	Pendle AC	25.5		
4	75	Harvey Kinder	Blackburn Harriers	25.6		
5	45	Isaac Brindle	Blackburn Harriers	25.7		

Under 17 Men 200m overall

1	205	Daniel Cattermole	Carlisle Aspatria AC	23.4		
2	332	Archie Spicer	Lancaster & Morecambe	24.1		
3	532	Owen Dalton	Preston Harriers	24.2		
4	133	Samuel Damawa	Burnley AC	24.4		
5	41	Daniel Bretherton	Blackburn Harriers	24.8		
6	143	Tomoya Newiss	Burnley AC	25.1		
7	207	Benjamin Holmes	Carlisle Aspatria AC	25.3		
8	498	Thomas Finnan	Pendle AC	25.5		
9	75	Harvey Kinder	Blackburn Harriers	25.6		
10	45	Isaac Brindle	Blackburn Harriers	25.7		
11	682	Henry McLeod	Wigan & District	25.8		
12	102	Jack Thompson	Blackburn Harriers	26.6		
13	220	Louis Crake	Chorley AC & Tri	27.7		
14	632	Charlie Stewart	Southport Waterloo	28.7		

Under 17 Men 400m

1	41	Daniel Bretherton	Blackburn Harriers	52.7		
2	532	Owen Dalton	Preston Harriers	53.6		
3	252	Archie Lorimer	Hyndburn AC	54.4		
4	108	Henry Ward	Blackburn Harriers	54.6		
5	355	Daniel Berry	Liverpool P & S	56.0		
6	899	Joshua Roberts	Wigan & District	56.8		
7	343	Demitri Kyriacou	Leven Valley AC	63.1		

Under 17 Men 800m

1	308	Ben Brassington	Lancaster & Morecambe	1:58.2		
2	806	Noah Ben Mohamed	Lancaster & Morecambe	1:59.5		
3	658	Alexander Glenn	Wigan & District	2:08.3		
4	207	Benjamin Holmes	Carlisle Aspatria AC	2:29.7		
5	632	Charlie Stewart	Southport Waterloo	2:44.5		

Under 17 Men 1500m

1	269	Will Brayshaw	Kendal AAC	4:21.4		
2	248	Peter John Sagar-Moss	Hyndburn AC	4:37.3		
3	39	Liam Bennison	Blackburn Harriers	5:01.3		

Under 17 Men 3000m

1	828	Adrian White	Trafford Athletic Club	8:51.5		
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Under 17 Men Long Jump

1	527	Marcel Clapka	Preston Harriers	5.19		
2	304	Matthew Batstone	Lancaster & Morecambe	4.91		
3	899	Joshua Roberts	Wigan & District	4.87		
4	329	Harry Perkins	Lancaster & Morecambe	4.58		
5	220	Louis Crake	Chorley AC & Tri	4.45		
6	682	Henry McLeod	Wigan & District	4.29		

Under 17 Men Triple Jump

1	329	Harry Perkins	Lancaster & Morecambe	10.33		
2	227	Oliver Jones	Chorley AC & Tri	9.29		

Under 17 Men Shot

1	537	Oliver Delaney	Preston Harriers	14.01		
2	704	Isaac Wright	Wigan & District	11.97		
3	208	Fergus Horner	Carlisle Aspatria AC	8.76		
4	623	Matthew Nuttall	Southport Waterloo	8.21		

Under 17 Men Discus

1	704	Isaac Wright	Wigan & District	27.15		
2	623	Matthew Nuttall	Southport Waterloo	19.83		
3	259	Rhys Rawcliffe	Hyndburn AC	16.78		

Under 17 Men Javelin

1	157	Ben Clarke	Bury AC	56.44		
2	139	Daniel Howe	Burnley AC	34.39		
3	77	Loucas Lancashire	Blackburn Harriers	34.12		
4	248	Peter John Sagar-Moss	Hyndburn AC	31.94		
5	259	Rhys Rawcliffe	Hyndburn AC	27.22		

Under 17 Men Hammer

1	704	Isaac Wright	Wigan & District	26.34		
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Under 15 Boys 100m heat 1

1	495	Lewis Burt	Pendle AC	11.8		
2	127	Deacon Tostevin	Blackpool Wyre & Fylde	12.1		
3	422	William Roberts	Liverpool P & S	12.4		
4	827	Thomas Downie	Seaton Athletic Club	12.5		
5	65	Ollie Haworth	Blackburn Harriers	14.1		
6	331	Kerr Slaughter	Lancaster & Morecambe	14.8		

Under 15 Boys 100m heat 2

1	206	Harry Cattermole	Carlisle Aspatria AC	12.7		
2	589	Tom Walker	Preston Harriers	12.8		
3	224	Elliot James	Chorley AC & Tri	12.9		
4	272	Lucas Forrest	Kendal AAC	13.1		
5	50	Joshua Carrier	Blackburn Harriers	14.2		
6	162	Solomon Evans	Bury AC	14.6		

Under 15 Boys 100m heat 3

1	29	Emmanuel Adewunmi	Blackburn Harriers	11.8		
2	40	Tomi Birch	Blackburn Harriers	12.3		
3	275	Ben Hollows	Kendal AAC	13.8		
4	215	James Astley	Chorley AC & Tri	14.3		
5	802	Jacob Wilson	Blackpool Wyre & Fylde	14.6		

Under 15 Boys 100m overall

1	495	Lewis Burt	Pendle AC	11.8		
2	29	Emmanuel Adewunmi	Blackburn Harriers	11.8		
3	127	Deacon Tostevin	Blackpool Wyre & Fylde	12.1		
4	40	Tomi Birch	Blackburn Harriers	12.3		
5	422	William Roberts	Liverpool P & S	12.4		
6	827	Thomas Downie (NC)	Seaton Athletic Club	12.5		
7	206	Harry Cattermole	Carlisle Aspatria AC	12.7		
8	589	Tom Walker	Preston Harriers	12.8		
9	224	Elliot James	Chorley AC & Tri	12.9		
10	272	Lucas Forrest	Kendal AAC	13.1		
11	275	Ben Hollows	Kendal AAC	13.8		
12	65	Ollie Haworth	Blackburn Harriers	14.1		
13	50	Joshua Carrier	Blackburn Harriers	14.2		
14	215	James Astley	Chorley AC & Tri	14.3		
15	162	Solomon Evans	Bury AC	14.6		
16	802	Jacob Wilson	Blackpool Wyre & Fylde	14.6		
17	331	Kerr Slaughter	Lancaster & Morecambe	14.8		

Under 15 Boys 200m heat 1

1	495	Lewis Burt	Pendle AC	24.1		
2	422	William Roberts	Liverpool P & S	25.0		
3	127	Deacon Tostevin	Blackpool Wyre & Fylde	25.1		
4	36	Jack Baranowski	Blackburn Harriers	25.4		
5	206	Harry Cattermole	Carlisle Aspatria AC	26.2		

Under 15 Boys 200m heat 2

1	827	Thomas Downie	Seaton Athletic Club	25.6		
2	896	Michael Sweeney	Carlisle Aspatria AC	27.4		
3	272	Lucas Forrest	Kendal AAC	28.3		
4	109	Robert Ward	Blackburn Harriers	29.4		
5	616	Harry Lavery	Southport Waterloo	29.7		

Under 15 Boys 200m heat 3

1	571	Daniel Moore	Preston Harriers	26.1		
2	275	Ben Hollows	Kendal AAC	27.8		
3	50	Joshua Carrier	Blackburn Harriers	28.6		
4	584	Jamie Stewart	Preston Harriers	29.4		
5	162	Solomon Evans	Bury AC	30.5		

Under 15 Boys 200m overall

1	495	Lewis Burt	Pendle AC	24.1		
2	422	William Roberts	Liverpool P & S	25.0		
3	127	Deacon Tostevin	Blackpool Wyre & Fylde	25.1		
4	36	Jack Baranowski	Blackburn Harriers	25.4		
5	827	Thomas Downie (NC)	Seaton Athletic Club	25.6		
6	571	Daniel Moore	Preston Harriers	26.1		
7	206	Harry Cattermole	Carlisle Aspatria AC	26.2		
8	896	Michael Sweeney	Carlisle Aspatria AC	27.4		
9	275	Ben Hollows	Kendal AAC	27.8		
10	272	Lucas Forrest	Kendal AAC	28.3		
11	50	Joshua Carrier	Blackburn Harriers	28.6		
12	109	Robert Ward	Blackburn Harriers	29.4		
13	584	Jamie Stewart	Preston Harriers	29.4		
14	616	Harry Lavery	Southport Waterloo	29.7		
15	162	Solomon Evans	Bury AC	30.5		

Under 15 Boys 400m

1	224	Elliot James	Chorley AC & Tri	55.8		
2	896	Michael Sweeney	Carlisle Aspatria AC	60.7		
3	188	Jakub Purzycki	Bury AC	62.5		
4	214	Ryan Ashworth	Chorley AC & Tri	63.4		
5	584	Jamie Stewart	Preston Harriers	64.5		

Under 15 Boys 800m

1	321	Oscar Holroyd	Lancaster & Morecambe	2:13.6		
2	680	Zak Manir-Jolley	Wigan & District	2:13.8		
3	803	Aryan Nunkoo	Bury AC	2:19.1		
4	589	Tom Walker	Preston Harriers	2:23.4		
5	616	Harry Lavery	Southport Waterloo	2:25.2		
6	188	Jakub Purzycki	Bury AC	2:27.2		
7	214	Ryan Ashworth	Chorley AC & Tri	2:28.7		
8	802	Jacob Wilson	Blackpool Wyre & Fylde	2:29.3		
9	906	Noah Ben Mohamed	Lancaster & Morecambe	2:36.7		
10	323	Harry MacLuskie	Lancaster & Morecambe	2:40.9		
11	545	Leonardo Graziani	Preston Harriers	2:44.8		
12	628	James Silcox	Southport Waterloo	2:54.5		

Under 15 Boys 1500m

1	36	Jack Baranowski	Blackburn Harriers	4:23.6		
2	655	James Darby	Wigan & District	5:01.6		
3	447	Harrison Wright	Liverpool P & S	5:04.5		
4	334	Peter Talks	Lancaster & Morecambe	5:19.5		

Under 15 Boys 80m Hurdles

1	666	Samuel Hodgkinson	Wigan & District	13.8		
2	305	Logan Bentley	Lancaster & Morecambe	15.4		



Under 15 Boys Long Jump

1	571	Daniel Moore	Preston Harriers	4.93		
2	206	Harry Cattermole	Carlisle Aspatria AC	4.79		
3	495	Lewis Burt	Pendle AC	4.75		
4	272	Lucas Forrest	Kendal AAC	4.60		
5	188	Jakub Purzycki	Bury AC	4.60		
6	422	William Roberts	Liverpool P & S	4.40		
7	666	Samuel Hodgkinson	Wigan & District	4.25		
8	64	Zakariya Haq	Blackburn Harriers	4.12		
9	331	Kerr Slaughter	Lancaster & Morecambe	4.11		
10	50	Joshua Carrier	Blackburn Harriers	4.04		
11	214	Ryan Ashworth	Chorley AC & Tri	3.83		
12	906	Noah Ben Mohamed	Lancaster & Morecambe	3.77		
13	215	James Astley	Chorley AC & Tri	3.71		
14	162	Solomon Evans	Bury AC	3.40		
15	584	Jamie Stewart	Preston Harriers	3.21		
16	323	Harry MacLuskie	Lancaster & Morecambe	3.13		

Under 15 Boys Shot

1	827	Thomas Downie	Seaton Athletic Club	8.50		
2	666	Samuel Hodgkinson	Wigan & District	7.29		
3	64	Zakariya Haq	Blackburn Harriers	6.93		
4	127	Deacon Tostevin	Blackpool Wyre & Fylde	6.76		
5	677	Harry Lamb	Wigan & District	6.65		
6	215	James Astley	Chorley AC & Tri	6.07		

Under 15 Boys Discus

1	646	Louis Ball	Wigan & District	24.00		
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Under 15 Boys Javelin

1	64	Zakariya Haq	Blackburn Harriers	25.45		
2	305	Logan Bentley	Lancaster & Morecambe	25.28		
3	334	Peter Talks	Lancaster & Morecambe	23.63		
4	677	Harry Lamb	Wigan & District	21.60		
5	646	Louis Ball	Wigan & District	19.17		
6	275	Ben Hollows	Kendal AAC	18.65		

Under 15 Boys Hammer

1	677	Harry Lamb	Wigan & District	26.56		
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Under 13 Boys 100m heat 1

1	622	Matthew Ndjambula	Southport Waterloo	14.4		
2	217	Oscar Bragg	Chorley AC & Tri	14.5		
3	931	Isaac Jamson	Preston Harriers	14.5		
4	611	George Hawthorn	Southport Waterloo	15.0		
5	20	Zac Postlethwaite	Barrow & Furness	15.8		

Under 13 Boys 100m heat 2

1	124	Finlay Orwin	Blackpool Wyre & Fylde	15.0		
2	138	Jamie Holder	Burnley AC	15.1		
3	223	Oliver Holden	Chorley AC & Tri	16.1		
4	175	Rocco Hunter	Bury AC	16.3		

Under 13 Boys 100m heat 3

1	592	Sam Wilcock	Preston Harriers	14.9		
2	437	Saul Taylor Bromley	Liverpool P & S	15.4		
3	316	Albie Hardman	Lancaster & Morecambe	15.5		
4	218	Kai Bretherton	Chorley AC & Tri	16.6		
5	810	Harley Bryan	Preston Harriers	17.5		

Under 13 Boys 100m overall

1	622	Matthew Ndjambula	Southport Waterloo	14.4		
2	931	Isaac Jamson	Preston Harriers	14.5		
3	217	Oscar Bragg	Chorley AC & Tri	14.5		
4	592	Sam Wilcock	Preston Harriers	14.9		
5	611	George Hawthorn	Southport Waterloo	15.0		
6	124	Finlay Orwin	Blackpool Wyre & Fylde	15.0		
7	138	Jamie Holder	Burnley AC	15.1		
8	437	Saul Taylor Bromley	Liverpool P & S	15.4		
9	316	Albie Hardman	Lancaster & Morecambe	15.5		
10	20	Zac Postlethwaite	Barrow & Furness	15.8		
11	223	Oliver Holden	Chorley AC & Tri	16.1		
12	175	Rocco Hunter	Bury AC	16.3		
13	218	Kai Bretherton	Chorley AC & Tri	16.6		
14	810	Harley Bryan	Preston Harriers	17.5		

Under 13 Boys 200m heat 1

1	591	Nathaniel White	Preston Harriers	28.9		
2	931	Isaac Jamson	Preston Harriers	29.9		
3	217	Oscar Bragg	Chorley AC & Tri	30.3		
4	326	Jack Parrington	Lancaster & Morecambe	33.3		

Under 13 Boys 200m heat 2

1	195	Chester Theakstone	Bury AC	30.9		
2	175	Rocco Hunter	Bury AC	36.1		
3	810	Harley Bryan	Preston Harriers	41.5		

Under 13 Boys 200m overall

1	591	Nathaniel White	Preston Harriers	28.9		
2	931	Isaac Jamson	Preston Harriers	29.9		
3	217	Oscar Bragg	Chorley AC & Tri	30.3		
4	195	Chester Theakstone	Bury AC	30.9		
5	326	Jack Parrington	Lancaster & Morecambe	33.3		
6	175	Rocco Hunter	Bury AC	36.1		
7	810	Harley Bryan	Preston Harriers	41.5		

Under 13 Boys 800m

1	591	Nathaniel White	Preston Harriers	2:25.9		
2	826	Matthew Downie	Seaton Athletic Club	2:28.4		
3	384	Ivor Holroyd	Liverpool P & S	2:29.7		
4	561	Harrison Kingwells	Preston Harriers	2:37.9		
5	97	Edward Russell-Blackburn	Blackburn Harriers	2:46.8		
6	326	Jack Parrington	Lancaster & Morecambe	2:48.9		
7	653	Ryan Catton	Wigan & District	2:50.1		
8	124	Finlay Orwin	Blackpool Wyre & Fylde	2:50.5		
9	314	William Gardner	Lancaster & Morecambe	2:52.1		
10	20	Zac Postlethwaite	Barrow & Furness	3:01.7		

Under 13 Boys 1500m

1	611	George Hawthorn	Southport Waterloo	5:06.7		
2	586	Henry Taylor	Preston Harriers	5:12.7		
3	363	Jack Clancy	Liverpool P & S	5:30.0		
4	195	Chester Theakstone	Bury AC	5:30.6		
5	547	Harry Griffin	Preston Harriers	5:30.9		
6	551	Ben Hawksworth	Preston Harriers	5:31.1		
7	622	Matthew Ndjambula	Southport Waterloo	5:46.9		
8	350	Evan Allday	Liverpool P & S	5:48.3		
9	653	Ryan Catton	Wigan & District	6:09.3		



Under 13 Boys 75m Hurdles

1	561	Harrison Kingwells	Preston Harriers	16.4		
2	223	Oliver Holden	Chorley AC & Tri	17.3		

Under 13 Boys Long Jump

1	591	Nathaniel White	Preston Harriers	3.98		
2	363	Jack Clancy	Liverpool P & S	3.97		
3	826	Matthew Downie	Seaton Athletic Club	3.91		
4	592	Sam Wilcock	Preston Harriers	3.83		
5	20	Zac Postlethwaite	Barrow & Furness	3.66		
6	124	Finlay Orwin	Blackpool Wyre & Fylde	3.61		
7	611	George Hawthorn	Southport Waterloo	3.58		
8	316	Albie Hardman	Lancaster & Morecambe	3.49		
9	218	Kai Bretherton	Chorley AC & Tri	3.08		
10	622	Matthew Ndjambula	Southport Waterloo	2.97		
11	437	Saul Taylor Bromley	Liverpool P & S	2.90		
12	217	Oscar Bragg	Chorley AC & Tri	2.88		

Under 13 Boys Shot

1	824	Matthew Birch	Leigh Harriers & AC	8.76		
2	316	Albie Hardman	Lancaster & Morecambe	6.52		
3	826	Matthew Downie	Seaton Athletic Club	6.07		
4	363	Jack Clancy	Liverpool P & S	5.35		
5	811	Colm McKeever	Preston Harriers	5.15		
6	373	Alexander Doyle	Liverpool P & S	5.06		
7	534	Alfie Delaney	Preston Harriers	4.82		
8	536	Louis Delaney	Preston Harriers	4.50		

Under 13 Boys Discus

1	824	Matthew Birch	Leigh Harriers & AC	24.94		
2	813	Samuel Byrne	Southport Waterloo	15.75		
3	534	Alfie Delaney	Preston Harriers	13.66		
4	811	Colm McKeever	Preston Harriers	12.54		
5	536	Louis Delaney	Preston Harriers	6.77		

Under 13 Boys Javelin

1	824	Matthew Birch	Leigh Harriers & AC	31.46		
2	223	Oliver Holden	Chorley AC & Tri	15.07		
3	561	Harrison Kingwells	Preston Harriers	14.60		
4	373	Alexander Doyle	Liverpool P & S	14.27		
5	175	Rocco Hunter	Bury AC	13.83		
6	138	Jamie Holder	Burnley AC	11.73		

Senior Women 100m heat 1

1	495	Evie Noblett	Preston Harriers	12.7		
2	654	Grace Winrow	Wigan & District	13.6		
3	434	Kasie Mitchell	Pendle AC	13.6		
4	122	Chloe Parsons	Blackpool Wyre & Fylde	13.7		

Senior Women 100m heat 2

1	318	Isabelle Murphy	Lancaster & Morecambe	13.8		
2	438	Anita Saunders	Pendle AC	13.9		
3	126	Nia Rutter	Blackpool Wyre & Fylde	13.9		
4	694	Shreya Cherian	Lancaster University Runn	14.8		
5	686	Rebecca Seaton	Northern Masters AC	15.3		

Senior Women 100m heat 3

1	395	Laura Purdy	Liverpool P & S	15.3		
2	360	Loretta Davies	Liverpool P & S	17.8		
3	682	Michelle Yates	Blackpool Wyre & Fylde	18.3		
4	357	Katherine Clancy	Liverpool P & S	18.8		

Senior Women 100m overall

1	495	Evie Noblett	Preston Harriers	12.7		
2	654	Grace Winrow	Wigan & District	13.6		
3	434	Kasie Mitchell	Pendle AC	13.6		
4	122	Chloe Parsons	Blackpool Wyre & Fylde	13.7		
5	318	Isabelle Murphy	Lancaster & Morecambe	13.8		
6	126	Nia Rutter	Blackpool Wyre & Fylde	13.9		
7	438	Anita Saunders	Pendle AC	13.9		
8	694	Shreya Cherian (NC)	Lancaster University Runn	14.8		
9	686	Rebecca Seaton	Northern Masters AC	15.3		
10	395	Laura Purdy	Liverpool P & S	15.3		
11	360	Loretta Davies	Liverpool P & S	17.8		
12	682	Michelle Yates	Blackpool Wyre & Fylde	18.3		
13	357	Katherine Clancy	Liverpool P & S	18.8		

Senior Women 200m heat 1

1	495	Evie Noblett	Preston Harriers	26.6		
2	450	Erika Corns	Preston Harriers	28.0		
3	654	Grace Winrow	Wigan & District	28.1		
4	318	Isabelle Murphy	Lancaster & Morecambe	28.4		
5	434	Kasie Mitchell	Pendle AC	29.4		

Senior Women 200m heat 2

1	513	Joanne Rowicki	Preston Harriers	28.5		
2	438	Anita Saunders	Pendle AC	28.8		
3	449	Natasha Cooke	Preston Harriers	30.0		
4	141	Hollie Mayhew	Burnley AC	30.2		
5	18	Sara Baranowska	Blackburn Harriers	32.2		

Senior Women 200m heat 3

1	117	Katie Longbottom	Blackpool Wyre & Fylde	31.8		
2	395	Laura Purdy	Liverpool P & S	32.2		
3	686	Rebecca Seaton	Northern Masters AC	32.5		
4	426	Katherine Winrow	Northern Masters AC	37.4		
5	364	Michelle Durney	Liverpool P & S	44.9		

Senior Women 200m overall

1	495	Evie Noblett	Preston Harriers	26.6		
2	450	Erika Corns	Preston Harriers	28.0		
3	654	Grace Winrow	Wigan & District	28.1		
4	318	Isabelle Murphy	Lancaster & Morecambe	28.4		
5	513	Joanne Rowicki	Preston Harriers	28.5		
6	438	Anita Saunders	Pendle AC	28.8		
7	434	Kasie Mitchell	Pendle AC	29.4		
8	449	Natasha Cooke	Preston Harriers	30.0		
9	141	Hollie Mayhew	Burnley AC	30.2		
10	117	Katie Longbottom	Blackpool Wyre & Fylde	31.8		
11	18	Sara Baranowska	Blackburn Harriers	32.2		
12	395	Laura Purdy	Liverpool P & S	32.2		
13	686	Rebecca Seaton	Northern Masters AC	32.5		
14	426	Katherine Winrow	Northern Masters AC	37.4		
15	364	Michelle Durney	Liverpool P & S	44.9		



Senior Women 400m

1	693	Maisie Brown	Lancaster University Runn	63.2		
2	276	Eleanor Brench	Kendal AAC	67.5		
3	18	Sara Baranowska	Blackburn Harriers	69.5		
4	424	Alina Stepanchuk	Northern Masters AC	73.1		
5	426	Katherine Winrow	Northern Masters AC	87.0		
6	364	Michelle Durney	Liverpool P & S	101.5		

Senior Women 800m

1	18	Sara Baranowska	Blackburn Harriers	2:33.5		
2	424	Alina Stepanchuk	Northern Masters AC	2:38.1		
3	422	Rebecca Mills	Northern Masters AC	3:04.0		
4	426	Katherine Winrow	Northern Masters AC	3:33.6		
5	364	Michelle Durney	Liverpool P & S	3:49.0		

Senior Women 1500m

1	245	Laura Livesey-Butterfield	Chorley AC & Tri	5:07.4		
2	62	Freya Neild	Blackburn Harriers	5:22.4		
3	424	Alina Stepanchuk	Northern Masters AC	5:35.6		
4	328	Iona Barrowdale-Smith	Leven Valley AC	5:44.9		
5	339	Heather Travis	Leven Valley AC	5:57.4		
6	422	Rebecca Mills	Northern Masters AC	6:14.3		
7	360	Loretta Davies	Liverpool P & S	6:53.1		
8	523	Julie Tyrer	Preston Harriers	7:36.4		
9	688	Susan Wickham	Preston Harriers	8:20.1		

Senior Women Long Jump

1	450	Erika Corns	Preston Harriers	4.69		
2	126	Nia Rutter	Blackpool Wyre & Fylde	4.30		
3	318	Isabelle Murphy	Lancaster & Morecambe	4.09		
4	608	Rebekah Hopper	Wigan & District	4.07		
5	438	Anita Saunders	Pendle AC	3.96		
6	271	Heidi Sagar-Moss	Hyndburn AC	3.84		
7	276	Eleanor Brench	Kendal AAC	3.83		
8	117	Katie Longbottom	Blackpool Wyre & Fylde	3.63		
9	686	Rebecca Seaton	Northern Masters AC	3.49		
10	357	Katherine Clancy	Liverpool P & S	2.87		

Senior Women Triple Jump

1	449	Natasha Cooke	Preston Harriers	8.88		
2	608	Rebekah Hopper	Wigan & District	8.58		

Senior Women Shot

1	568	Yasmin Baker	Wigan & District	12.08		
2	418	Michelle Beard	Northern Masters AC	7.32		
3	141	Hollie Mayhew	Burnley AC	6.87		
4	98	Talia Ball	Blackpool Wyre & Fylde	6.38		
5	682	Michelle Yates	Blackpool Wyre & Fylde	6.25		
6	173	Afroditi Kalambouka	Bury AC	5.38		
7	117	Katie Longbottom	Blackpool Wyre & Fylde	3.65		

Senior Women Discus

1	397	Nicky Saunders	Liverpool P & S	28.78		
2	568	Yasmin Baker	Wigan & District	22.95		
3	589	Millie Forrest	Wigan & District	21.31		
4	126	Nia Rutter	Blackpool Wyre & Fylde	20.92		
5	135	Helen Ruth Goodwill	Burnley AC	20.73		
6	428	Lynn Baker	Pendle AC	19.77		
7	425	Wendy Valentine	Northern Masters AC	18.21		
8	98	Talia Ball	Blackpool Wyre & Fylde	16.35		
9	682	Michelle Yates	Blackpool Wyre & Fylde	14.47		
10	173	Afroditi Kalambouka	Bury AC	10.52		
11	523	Julie Tyrer	Preston Harriers	10.17		

Senior Women Javelin

1	322	Emily Sim	Lancaster & Morecambe	29.40		
2	397	Nicky Saunders	Liverpool P & S	25.36		
3	568	Yasmin Baker	Wigan & District	23.93		
4	245	Laura Livesey-Butterfield	Chorley AC & Tri	14.46		
5	450	Erika Corns	Preston Harriers	14.25		
6	425	Wendy Valentine	Northern Masters AC	11.64		
7	703	Sarah Ormshaw	Wigan & District	11.56		
8	173	Afroditi Kalambouka	Bury AC	11.14		

Senior Women Hammer

1	306	Hannah Carruthers	Lancaster & Morecambe	32.25		
2	391	Anna Peers	Liverpool P & S	29.41		
3	98	Talia Ball	Blackpool Wyre & Fylde	28.61		
4	418	Michelle Beard	Northern Masters AC	27.95		
5	397	Nicky Saunders	Liverpool P & S	22.59		
6	425	Wendy Valentine	Northern Masters AC	21.61		
7	322	Emily Sim	Lancaster & Morecambe	18.20		
8	428	Lynn Baker	Pendle AC	18.02		

Under 17 Women 100m heat 1

1	527	Eva Whiteside	Preston Harriers	13.5		
2	44	Grace Ilunga	Blackburn Harriers	14.3		
3	514	Macey Shay	Preston Harriers	14.8		
4	681	Rebecca Ellershaw	Blackpool Wyre & Fylde	15.0		
5	460	Esme Harper	Preston Harriers	15.5		

Under 17 Women 100m heat 2

1	433	Phoebe Law	Pendle AC	13.3		
2	237	Emma Hope	Chorley AC & Tri	13.7		
3	455	Emily Gallagher	Preston Harriers	14.2		
4	684	Leticia Da Silva	Bury AC	15.6		
5	687	Zoe Ballantyne	Preston Harriers	15.7		

Under 17 Women 100m heat 3

1	475	Amber Leho	Preston Harriers	13.3		
2	43	Lucy Hayhurst	Blackburn Harriers	14.0		
3	60	Holly Moore	Blackburn Harriers	14.0		
4	490	Mia Murphy	Preston Harriers	14.1		


Under 17 Women 100m overall

1	433	Phoebe Law	Pendle AC	13.3		
2	475	Amber Leho	Preston Harriers	13.3		
3	527	Eva Whiteside	Preston Harriers	13.5		
4	237	Emma Hope	Chorley AC & Tri	13.7		
5	60	Holly Moore	Blackburn Harriers	14.0		
6	43	Lucy Hayhurst	Blackburn Harriers	14.0		
7	490	Mia Murphy	Preston Harriers	14.1		
8	455	Emily Gallagher	Preston Harriers	14.2		
9	44	Grace Ilunga	Blackburn Harriers	14.3		
10	514	Macey Shay	Preston Harriers	14.8		
11	681	Rebecca Ellershaw	Blackpool Wyre & Fylde	15.0		
12	460	Esme Harper	Preston Harriers	15.5		
13	684	Leticia Da Silva	Bury AC	15.6		
14	687	Zoe Ballantyne	Preston Harriers	15.7		

Under 17 Women 200m heat 1

1	527	Eva Whiteside	Preston Harriers	26.6		
2	112	Millie Haden-Brown	Blackpool Wyre & Fylde	26.7		
3	433	Phoebe Law	Pendle AC	26.7		
4	475	Amber Leho	Preston Harriers	28.2		
5		??		32.2		

Under 17 Women 200m heat 2

1	31	Evie Fort	Blackburn Harriers	28.9		
2	278	Anna Cobley	Kendal AAC	29.2		
3	444	Isla Bamber	Preston Harriers	29.5		
4	490	Mia Murphy	Preston Harriers	29.6		
5	687	Zoe Ballantyne	Preston Harriers	33.9		

Under 17 Women 200m heat 3

1	44	Grace Ilunga	Blackburn Harriers	29.6		
2	304	Eve Briffett	Lancaster & Morecambe	32.3		
3	684	Leticia Da Silva	Bury AC	32.7		
4	49	Lydia Knowles	Blackburn Harriers	34.2		
5	356	Margaret-isobel Casey	Liverpool P & S	36.4		

Under 17 Women 200m overall

1	527	Eva Whiteside	Preston Harriers	26.6		
2	112	Millie Haden-Brown	Blackpool Wyre & Fylde	26.7		
3	433	Phoebe Law	Pendle AC	26.7		
4	475	Amber Leho	Preston Harriers	28.2		
5	31	Evie Fort	Blackburn Harriers	28.9		
6	278	Anna Cobley	Kendal AAC	29.2		
7	444	Isla Bamber	Preston Harriers	29.5		
8	490	Mia Murphy	Preston Harriers	29.6		
9	44	Grace Ilunga	Blackburn Harriers	29.6		
10		??		32.2		
11	304	Eve Briffett	Lancaster & Morecambe	32.3		
12	684	Leticia Da Silva	Bury AC	32.7		
13	687	Zoe Ballantyne	Preston Harriers	33.9		
14	49	Lydia Knowles	Blackburn Harriers	34.2		
15	356	Margaret-isobel Casey	Liverpool P & S	36.4		

Under 17 Women 800m

1	278	Anna Cobley	Kendal AAC	2:28.7		
2	282	Tess Evans	Kendal AAC	2:31.3		
3	56	Bella Rose McCredie	Blackburn Harriers	2:36.7		
4	304	Eve Briffett	Lancaster & Morecambe	2:41.4		
5	287	Holly Jenner	Kendal AAC	2:46.9		
6	307	Arwen Cresswell	Lancaster & Morecambe	2:47.5		
7	309	Tilly Dowthwaite	Lancaster & Morecambe	2:49.1		

Under 17 Women 1500m

1	546	Sienna Fortune	Southport Waterloo	4:54.2		
2	251	Maisie Preston	Chorley AC & Tri	5:21.4		
3	323	Rahael Talks	Lancaster & Morecambe	5:43.6		

Under 17 Women Long Jump

1	444	Isla Bamber	Preston Harriers	4.37		
2	475	Amber Leho	Preston Harriers	4.32		
3	44	Grace Ilunga	Blackburn Harriers	4.27		
4	237	Emma Hope	Chorley AC & Tri	4.03		
5	60	Holly Moore	Blackburn Harriers	3.80		
6	684	Leticia Da Silva	Bury AC	1.95		

Under 17 Women Shot

1	444	Isla Bamber	Preston Harriers	8.68		
2	270	Esther Sagar-Moss	Hyndburn AC	7.32		
3	367	Isabelle Grayson	Liverpool P & S	7.28		

Under 17 Women Discus

1	652	Ava Wareing	Wigan & District	14.63		
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Under 17 Women Javelin

1	652	Ava Wareing	Wigan & District	23.38		
2	237	Emma Hope	Chorley AC & Tri	21.92		
3	455	Emily Gallagher	Preston Harriers	18.15		

Under 17 Women Hammer

1	691	Iris Beca	Bolton United Harriers &	47.39		
2	356	Margaret-isobel Casey	Liverpool P & S	46.06		
3	516	Emilia Simpson	Preston Harriers	31.80		
4	367	Isabelle Grayson	Liverpool P & S	24.37		
5	652	Ava Wareing	Wigan & District	21.41		

Under 15 Girls 100m heat 1

1	435	Marnie Nelson	Pendle AC	12.8		
2	638	Megan Rollins	Wigan & District	13.9		
3	467	Jasmine Houghton	Preston Harriers	14.0		
4	284	Seren Gore	Kendal AAC	14.6		
5	218	Christina Monkhouse	Carlisle Aspatria AC	15.0		
6	114	Sophie Hopeng	Blackpool Wyre & Fylde	15.4		

Under 15 Girls 100m heat 2

1	212	Amy Johnstone	Carlisle Aspatria AC	12.5		
2	445	Iona Bell	Preston Harriers	12.9		
3	21	Imogen Boardman	Blackburn Harriers	13.3		
4	125	Esme Rutter	Blackpool Wyre & Fylde	13.3		
5	692	Jessica Montgomery	Crook & Dist Sports AC	14.2		
6	437	Emily Roberts	Pendle AC	14.2		



Under 15 Girls 100m heat 3

1	48	Dana Juma	Blackburn Harriers	13.8		
2	458	Kara Giddins	Preston Harriers	14.1		
3	73	Anvitha Reddy	Blackburn Harriers	14.3		
4	387	Isabella Nijs	Liverpool P & S	14.6		
5	103	Megan Connolly	Blackpool Wyre & Fylde	17.0		

Under 15 Girls 100m heat 4

1	368	Anna Halliwell	Liverpool P & S	14.0		
2	683	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	14.0		
3	182	Laila Musvamhiri	Bury AC	14.2		
4	472	Lois Kellett	Preston Harriers	15.6		

Under 15 Girls 100m heat 5

1	102	Emily Clarkson	Blackpool Wyre & Fylde	13.7		
2	532	Yasmin Winstanley	Preston Harriers	14.0		
3	704	Angel Enchill	Preston Harriers	14.2		
4	511	Sophie Rigby	Preston Harriers	14.5		
5	137	Samantha Hill	Burnley AC	16.5		

Under 15 Girls 100m heat 6

1	696	Kristen Badrock	Liverpool Harriers & AC	13.5		
2	680	Daisy Gardner	Blackburn Harriers	14.7		
3	302	Anna Bateman	Lancaster & Morecambe	14.7		
4	305	Sophie Brownsmith	Lancaster & Morecambe	15.0		
5	303	Alice Briffett	Lancaster & Morecambe	16.0		

Under 15 Girls 100m overall

1	212	Amy Johnstone	Carlisle Aspatria AC	12.5		
2	435	Marnie Nelson	Pendle AC	12.8		
3	445	Iona Bell	Preston Harriers	12.9		
4	125	Esme Rutter	Blackpool Wyre & Fylde	13.3		
5	21	Imogen Boardman	Blackburn Harriers	13.3		
6	696	Kristen Badrock (NC)	Liverpool Harriers & AC	13.5		
7	102	Emily Clarkson	Blackpool Wyre & Fylde	13.7		
8	48	Dana Juma	Blackburn Harriers	13.8		
9	638	Megan Rollins	Wigan & District	13.9		
10	467	Jasmine Houghton	Preston Harriers	14.0		
11	683	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	14.0		
12	368	Anna Halliwell	Liverpool P & S	14.0		
13	532	Yasmin Winstanley	Preston Harriers	14.0		
14	458	Kara Giddins	Preston Harriers	14.1		
15	692	Jessica Montgomery (NC)	Crook & Dist Sports AC	14.2		
16	437	Emily Roberts	Pendle AC	14.2		
17	182	Laila Musvamhiri	Bury AC	14.2		
18	704	Angel Enchill	Preston Harriers	14.2		
19	73	Anvitha Reddy	Blackburn Harriers	14.3		
20	511	Sophie Rigby	Preston Harriers	14.5		
21	284	Seren Gore	Kendal AAC	14.6		
22	387	Isabella Nijs	Liverpool P & S	14.6		
23	302	Anna Bateman	Lancaster & Morecambe	14.7		
24	680	Daisy Gardner	Blackburn Harriers	14.7		
25	218	Christina Monkhouse	Carlisle Aspatria AC	15.0		
26	305	Sophie Brownsmith	Lancaster & Morecambe	15.0		
27	114	Sophie Hopeng	Blackpool Wyre & Fylde	15.4		
28	472	Lois Kellett	Preston Harriers	15.6		
29	303	Alice Briffett	Lancaster & Morecambe	16.0		
30	137	Samantha Hill	Burnley AC	16.5		
31	103	Megan Connolly	Blackpool Wyre & Fylde	17.0		

Under 15 Girls 200m heat 1

1	435	Marnie Nelson	Pendle AC	25.9		
2	445	Iona Bell	Preston Harriers	27.6		
3	48	Dana Juma	Blackburn Harriers	29.6		
4	692	Jessica Montgomery	Crook & Dist Sports AC	30.4		
5	404	Daisy Wells	Liverpool P & S	35.0		

Under 15 Girls 200m heat 2

1	212	Amy Johnstone	Carlisle Aspatria AC	26.8		
2	293	Emmy Ranner	Kendal AAC	28.4		
3	193	Isabella Robinson	Bury AC	28.9		
4	520	Grace Taylor	Preston Harriers	29.6		
5	218	Christina Monkhouse	Carlisle Aspatria AC	30.3		

Under 15 Girls 200m heat 3

1	210	Agatha Wragg	Bury AC	28.5		
2	73	Anvitha Reddy	Blackburn Harriers	29.0		
3	429	Julia Biskupiak	Pendle AC	29.2		
4	387	Isabella Nijs	Liverpool P & S	30.0		
5	472	Lois Kellett	Preston Harriers	34.3		



Under 15 Girls 200m heat 4

1	683	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	29.0		
2	437	Emily Roberts	Pendle AC	29.5		
3	704	Angel Enchill	Preston Harriers	29.7		
4	443	Georgina Andrews	Preston Harriers	30.1		
5	565	Eva Willetts	Southport Waterloo	30.9		

Under 15 Girls 200m heat 5

1	102	Emily Clarkson	Blackpool Wyre & Fylde	29.2		
2	532	Yasmin Winstanley	Preston Harriers	29.7		
3	498	Macy Olorenshaw	Preston Harriers	29.8		
4	680	Daisy Gardner	Blackburn Harriers	31.6		

Under 15 Girls 200m overall

1	435	Marnie Nelson	Pendle AC	25.9		
2	212	Amy Johnstone	Carlisle Aspatria AC	26.8		
3	445	Iona Bell	Preston Harriers	27.6		
4	293	Emmy Ranner	Kendal AAC	28.4		
5	210	Agatha Wragg	Bury AC	28.5		
6	193	Isabella Robinson	Bury AC	28.9		
7	73	Anvitha Reddy	Blackburn Harriers	29.0		
8	683	Dolly Zawistowicz-Williams	Blackpool Wyre & Fylde	29.0		
9	429	Julia Biskupiak	Pendle AC	29.2		
10	102	Emily Clarkson	Blackpool Wyre & Fylde	29.2		
11	437	Emily Roberts	Pendle AC	29.5		
12	48	Dana Juma	Blackburn Harriers	29.6		
13	520	Grace Taylor	Preston Harriers	29.6		
14	704	Angel Enchill	Preston Harriers	29.7		
15	532	Yasmin Winstanley	Preston Harriers	29.7		
16	498	Macy Olorenshaw	Preston Harriers	29.8		
17	387	Isabella Nijs	Liverpool P & S	30.0		
18	443	Georgina Andrews	Preston Harriers	30.1		
19	218	Christina Monkhouse	Carlisle Aspatria AC	30.3		
20	692	Jessica Montgomery (NC)	Crook & Dist Sports AC	30.4		
21	565	Eva Willetts	Southport Waterloo	30.9		
22	680	Daisy Gardner	Blackburn Harriers	31.6		
23	472	Lois Kellett	Preston Harriers	34.3		
24	404	Daisy Wells	Liverpool P & S	35.0		

Under 15 Girls 300m

1	46	Millie Jordan	Blackburn Harriers	43.0		
2	210	Agatha Wragg	Bury AC	43.8		
3	622	Katie-louise Malley	Wigan & District	45.0		
4	193	Isabella Robinson	Bury AC	46.0		
5	701	Camilla Hart	Settle Harriers	46.3		
6	387	Isabella Nijs	Liverpool P & S	48.7		
7	575	Sophia Bowden-McKay	Wigan & District	49.4		
8	170	Coco-lily Honor	Bury AC	50.0		

Under 15 Girls 800m

1	622	Katie-louise Malley	Wigan & District	2:21.4		
2	700	Caitlin Wetters	Sale Harriers Manchester	2:21.6		
3	293	Emmy Ranner	Kendal AAC	2:24.0		
4	429	Julia Biskupiak	Pendle AC	2:34.3		
5	520	Grace Taylor	Preston Harriers	2:37.0		
6	260	Emily Williams	Chorley AC & Tri	2:37.7		
7	492	Phoebe Newsham	Preston Harriers	2:38.3		
8	701	Camilla Hart	Settle Harriers	2:41.7		
9	305	Sophie Brownsmith	Lancaster & Morecambe	2:46.2		
10	621	Thea Lucas	Wigan & District	2:46.6		
11	303	Alice Briffett	Lancaster & Morecambe	2:46.6		
12	170	Coco-lily Honor	Bury AC	2:48.9		
13	314	Olivia Hemingway	Lancaster & Morecambe	2:53.9		
14	298	Melissa Cameron	Kirkby Milers AC	2:57.5		
15	326	Sofia Ann Winterbottom	Lancaster & Morecambe	2:59.2		

Under 15 Girls 1500m

1	561	Lauren Silcox	Southport Waterloo	5:14.5		
2	261	Ava Winstanley	Chorley AC & Tri	5:25.7		
3	330	Katelyn Douglas	Leven Valley AC	5:32.8		
4	209	Lydia Worsley	Bury AC	5:35.2		
5	200	Ella Straffon-Finch	Bury AC	5:48.9		

Under 15 Girls 75m Hurdles heat 1

1	125	Esme Rutter	Blackpool Wyre & Fylde	12.8		
2	467	Jasmine Houghton	Preston Harriers	13.3		
3	443	Georgina Andrews	Preston Harriers	14.3		

Under 15 Girls 75m Hurdles heat 2

1	696	Kristen Badrock	Liverpool Harriers & AC	12.3		
2	193	Isabella Robinson	Bury AC	12.7		
3	368	Anna Halliwell	Liverpool P & S	13.9		

Under 15 Girls 75m Hurdles overall

1	696	Kristen Badrock (NC)	Liverpool Harriers & AC	12.3		
2	193	Isabella Robinson	Bury AC	12.7		
3	125	Esme Rutter	Blackpool Wyre & Fylde	12.8		
4	467	Jasmine Houghton	Preston Harriers	13.3		
5	368	Anna Halliwell	Liverpool P & S	13.9		
6	443	Georgina Andrews	Preston Harriers	14.3		



Under 15 Girls Long Jump

1	212	Amy Johnstone	Carlisle Aspatria AC	4.65		
2	458	Kara Giddins	Preston Harriers	4.40		
3	125	Esme Rutter	Blackpool Wyre & Fylde	4.25		
4	467	Jasmine Houghton	Preston Harriers	4.16		
5	102	Emily Clarkson	Blackpool Wyre & Fylde	4.15		
6	565	Eva Willetts	Southport Waterloo	4.11		
7	368	Anna Halliwell	Liverpool P & S	4.07		
8	343	Milly Arden	Liverpool P & S	4.00		
9	621	Thea Lucas	Wigan & District	3.91		
10	302	Anna Bateman	Lancaster & Morecambe	3.70		
11	298	Melissa Cameron	Kirkby Milers AC	3.68		
12	498	Macy Olorenshaw	Preston Harriers	3.68		
13	575	Sophia Bowden-McKay	Wigan & District	3.64		
14	314	Olivia Hemingway	Lancaster & Morecambe	3.26		
15	303	Alice Briffett	Lancaster & Morecambe	3.16		
16	200	Ella Straffon-Finch	Bury AC	2.61		
17	137	Samantha Hill	Burnley AC	2.48		

Under 15 Girls Shot

1	48	Dana Juma	Blackburn Harriers	9.00		
2	107	Nevaeh Fenton	Blackpool Wyre & Fylde	7.24		
3	361	Gabrysia Dobrzynski	Liverpool P & S	6.98		
4	169	Annabelle Hinze	Bury AC	6.58		
5	213	Sydney Knight	Carlisle Aspatria AC	6.40		
6	270	Esther Sagar-Moss	Hyndburn AC	6.08		
7	96	Georgia Allmark	Blackpool Wyre & Fylde	6.05		
8	302	Anna Bateman	Lancaster & Morecambe	5.79		
9	114	Sophie Hopeng	Blackpool Wyre & Fylde	5.34		
10	326	Sofia Ann Winterbottom	Lancaster & Morecambe	5.20		

Under 15 Girls Discus

1	67	Madeline Partridge	Blackburn Harriers	22.41		
2	213	Sydney Knight	Carlisle Aspatria AC	19.91		
3	107	Nevaeh Fenton	Blackpool Wyre & Fylde	18.82		
4	270	Esther Sagar-Moss	Hyndburn AC	15.19		
5	96	Georgia Allmark	Blackpool Wyre & Fylde	14.05		
6	561	Lauren Silcox	Southport Waterloo	12.68		
7	498	Macy Olorenshaw	Preston Harriers	11.24		

Under 15 Girls Javelin

1	696	Kristen Badrock	Liverpool Harriers & AC	33.89		
2	270	Esther Sagar-Moss	Hyndburn AC	27.11		
3	340	Poppy Abraham	Liverpool P & S	24.70		
4	96	Georgia Allmark	Blackpool Wyre & Fylde	18.60		
5	182	Laila Musvamhiri	Bury AC	17.27		
6	298	Melissa Cameron	Kirkby Milers AC	8.69		

Under 15 Girls Hammer

1	67	Madeline Partridge	Blackburn Harriers	32.87		
2	107	Nevaeh Fenton	Blackpool Wyre & Fylde	26.07		

Under 13 Girls 100m heat 1

1	648	Elizabeth Teslim Balogun	Wigan & District	14.2		
2	283	Amelia Forrest	Kendal AAC	14.4		
3	512	Faye Roscoe	Preston Harriers	15.0		
4	154	Mylah Collier	Bury AC	15.1		
5	464	Penny Horman	Preston Harriers	15.2		
6	136	Robyn Hall	Burnley AC	16.0		

Under 13 Girls 100m heat 2

1	187	Violette Overlunde	Bury AC	14.1		
2	116	Grace Kirkham	Blackpool Wyre & Fylde	15.0		
3	142	Isabella Williams	Burnley AC	15.5		
4	562	Lauren Sinha	Southport Waterloo	15.7		
5	24	Amelia Carrier	Blackburn Harriers	15.9		
6	461	Iris Harper	Preston Harriers	18.8		

Under 13 Girls 100m heat 3

1	184	Matilda Nott	Bury AC	13.9		
2	105	Alana Dann	Blackpool Wyre & Fylde	14.5		
3	469	Isabella Huntington	Preston Harriers	14.8		
4	277	Poppy Carlton	Kendal AAC	16.9		
5	235	Faith Hogan	Chorley AC & Tri	17.3		

Under 13 Girls 100m heat 4

1	148	Nancy Blain	Bury AC	14.0		
2	448	Lydia Codarin	Preston Harriers	14.8		
3	59	Hannah Moore	Blackburn Harriers	15.0		
4	515	Emma Shuttleworth	Preston Harriers	15.5		
5	54	Mia Logan	Blackburn Harriers	16.2		
6	320	Ailsa Roberts	Lancaster & Morecambe	16.7		

Under 13 Girls 100m heat 5

1	629	Freya Ormshaw	Wigan & District	14.7		
2	4	Isla Gower	Barrow & Furness	15.0		
3	217	Ada Monkhouse	Carlisle Aspatria AC	15.7		
4	220	Macey Wilson	Carlisle Aspatria AC	16.7		
5	503	Jessica Pitt	Preston Harriers	20.2		



Under 13 Girls 100m overall

1	184	Matilda Nott	Bury AC	13.9		
2	148	Nancy Blain	Bury AC	14.0		
3	187	Violette Overlunde	Bury AC	14.1		
4	648	Elizabeth Teslim Balogun	Wigan & District	14.2		
5	283	Amelia Forrest	Kendal AAC	14.4		
6	105	Alana Dann	Blackpool Wyre & Fylde	14.5		
7	629	Freya Ormshaw	Wigan & District	14.7		
8	469	Isabella Huntington	Preston Harriers	14.8		
9	448	Lydia Codarin	Preston Harriers	14.8		
10	512	Faye Roscoe	Preston Harriers	15.0		
11	116	Grace Kirkham	Blackpool Wyre & Fylde	15.0		
12	59	Hannah Moore	Blackburn Harriers	15.0		
13	4	Isla Gower	Barrow & Furness	15.0		
14	154	Mylah Collier	Bury AC	15.1		
15	464	Penny Horman	Preston Harriers	15.2		
16	142	Isabella Williams	Burnley AC	15.5		
17	515	Emma Shuttleworth	Preston Harriers	15.5		
18	562	Lauren Sinha	Southport Waterloo	15.7		
19	217	Ada Monkhouse	Carlisle Aspatria AC	15.7		
20	24	Amelia Carrier	Blackburn Harriers	15.9		
21	136	Robyn Hall	Burnley AC	16.0		
22	54	Mia Logan	Blackburn Harriers	16.2		
23	320	Ailsa Roberts	Lancaster & Morecambe	16.7		
24	220	Macey Wilson	Carlisle Aspatria AC	16.7		
25	277	Poppy Carlton	Kendal AAC	16.9		
26	235	Faith Hogan	Chorley AC & Tri	17.3		
27	461	Iris Harper	Preston Harriers	18.8		
28	503	Jessica Pitt	Preston Harriers	20.2		

Under 13 Girls 200m heat 1

1	184	Matilda Nott	Bury AC	28.6		
2	187	Violette Overlunde	Bury AC	29.3		
3	702	Poppy McKenna	West Cheshire Athletic Cl	30.8		
4	648	Elizabeth Teslim Balogun	Wigan & District	31.7		
5	281	Maia Dacre	Kendal AAC	35.4		

Under 13 Girls 200m heat 2

1	524	Scarlett Walker	Preston Harriers	31.1		
2	292	Jessica Ramsey	Kendal AAC	31.4		
3	4	Isla Gower	Barrow & Furness	31.9		
4	217	Ada Monkhouse	Carlisle Aspatria AC	33.2		
5	24	Amelia Carrier	Blackburn Harriers	33.7		

Under 13 Girls 200m heat 3

1	469	Isabella Huntington	Preston Harriers	30.8		
2	571	Erin Baron	Wigan & District	32.7		
3	220	Macey Wilson	Carlisle Aspatria AC	34.9		
4	275	Rosie Beaton	Kendal AAC	35.0		
5	235	Faith Hogan	Chorley AC & Tri	37.0		

Under 13 Girls 200m heat 4

1	148	Nancy Blain	Bury AC	29.9		
2	685	Elodie Greer	Lancaster & Morecambe	31.6		
3	629	Freya Ormshaw	Wigan & District	33.6		
4	584	Matilda Darby	Wigan & District	34.3		
5	20	Pippa Blackburn	Blackburn Harriers	36.0		
6	54	Mia Logan	Blackburn Harriers	37.1		

Under 13 Girls 200m overall

1	184	Matilda Nott	Bury AC	28.6		
2	187	Violette Overlunde	Bury AC	29.3		
3	148	Nancy Blain	Bury AC	29.9		
4	702	Poppy McKenna (NC)	West Cheshire Athletic Cl	30.8		
5	469	Isabella Huntington	Preston Harriers	30.8		
6	524	Scarlett Walker	Preston Harriers	31.1		
7	292	Jessica Ramsey	Kendal AAC	31.4		
8	685	Elodie Greer	Lancaster & Morecambe	31.6		
9	648	Elizabeth Teslim Balogun	Wigan & District	31.7		
10	4	Isla Gower	Barrow & Furness	31.9		
11	571	Erin Baron	Wigan & District	32.7		
12	217	Ada Monkhouse	Carlisle Aspatria AC	33.2		
13	629	Freya Ormshaw	Wigan & District	33.6		
14	24	Amelia Carrier	Blackburn Harriers	33.7		
15	584	Matilda Darby	Wigan & District	34.3		
16	220	Macey Wilson	Carlisle Aspatria AC	34.9		
17	275	Rosie Beaton	Kendal AAC	35.0		
18	281	Maia Dacre	Kendal AAC	35.4		
19	20	Pippa Blackburn	Blackburn Harriers	36.0		
20	235	Faith Hogan	Chorley AC & Tri	37.0		
21	54	Mia Logan	Blackburn Harriers	37.1		

Under 13 Girls 800m

1	??			2:43.3		
2	154	Mylah Collier	Bury AC	2:47.3		
3	524	Scarlett Walker	Preston Harriers	2:48.2		
4	281	Maia Dacre	Kendal AAC	2:50.0		
5	471	Harriet Johns	Preston Harriers	2:52.4		
6	20	Pippa Blackburn	Blackburn Harriers	2:52.8		
7	292	Jessica Ramsey	Kendal AAC	2:55.5		
8	136	Robyn Hall	Burnley AC	2:55.8		
9	685	Elodie Greer	Lancaster & Morecambe	2:57.8		
10	562	Lauren Sinha	Southport Waterloo	2:58.6		
11	311	Scarlet Gora	Lancaster & Morecambe	3:02.7		
12	275	Rosie Beaton	Kendal AAC	3:05.2		
13	142	Isabella Williams	Burnley AC	3:05.7		
14	277	Poppy Carlton	Kendal AAC	3:14.6		

Under 13 Girls 1500m

1	486	Anais Mitchell	Preston Harriers	6:00.2		
2	502	Mia Park	Preston Harriers	6:00.3		
3	457	Lydia Gardiner	Preston Harriers	6:13.0		
4	201	Sophie Traffon-Finch	Bury AC	6:16.8		

Under 13 Girls 70m Hurdles

1	702	Poppy McKenna	West Cheshire Athletic Cl	12.6		
2	448	Lydia Codarin	Preston Harriers	13.0		
3	515	Emma Shuttleworth	Preston Harriers	17.0		



Under 13 Girls Long Jump

1	283	Amelia Forrest	Kendal AAC	4.24		
2	116	Grace Kirkham	Blackpool Wyre & Fylde	4.07		
3	448	Lydia Codarin	Preston Harriers	3.96		
4	187	Violette Overlunde	Bury AC	3.87		
5	59	Hannah Moore	Blackburn Harriers	3.86		
6	142	Isabella Williams	Burnley AC	3.85		
7	184	Matilda Nott	Bury AC	3.85		
8	148	Nancy Blain	Bury AC	3.81		
9	105	Alana Dann	Blackpool Wyre & Fylde	3.58		
10	464	Penny Horman	Preston Harriers	3.56		
11	584	Matilda Darby	Wigan & District	3.29		
12	4	Isla Gower	Barrow & Furness	3.25		
13	512	Faye Roscoe	Preston Harriers	3.22		
14	320	Ailsa Roberts	Lancaster & Morecambe	3.17		
15	571	Erin Baron	Wigan & District	3.15		
16	136	Robyn Hall	Burnley AC	3.12		
17	690	Kathryn Trevor	Wigan & District	2.52		
18	235	Faith Hogan	Chorley AC & Tri	2.47		
19	201	Sophie Straffon-Finch	Bury AC	2.42		
20	503	Jessica Pitt	Preston Harriers	2.01		

Under 13 Girls Shot

1	697	India Bates	Liverpool Harriers & AC	6.72		
2	584	Matilda Darby	Wigan & District	6.20		
3	648	Elizabeth Teslim Balogun	Wigan & District	5.70		
4	20	Pippa Blackburn	Blackburn Harriers	2.97		

Under 13 Girls Discus

1	705	Alice Maddams	Guest	23.07		
2	187	Violette Overlunde	Bury AC	18.88		
3	201	Sophie Straffon-Finch	Bury AC	6.04		

Under 13 Girls Javelin

1	705	Alice Maddams	Guest	28.46		
2	697	India Bates	Liverpool Harriers & AC	27.65		
3	154	Mylah Collier	Bury AC	17.58		
4	571	Erin Baron	Wigan & District	16.30		
5	584	Matilda Darby	Wigan & District	14.64		
6	471	Harriet Johns	Preston Harriers	10.23		
7	702	Poppy McKenna	West Cheshire Athletic Cl	7.73		